

Primary Autumn (a) 2020 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Burger <i>with Potato Wedges</i> Roast chicken served in a soft bun with lettuce and mayo	Roast Chicken <i>with Roast Potatoes and Gravy</i> Succulent roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers <i>and Chips</i> Crispy Fish Fingers and scrummy chips
Alternative Dish	Burrito (V) A soft wrap filled with lightly spiced veggies and rice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy (V)	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice		Jacket Potato with Salmon Mayonnaise ***			
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese Beans Tuna Mayo				
Vegetables	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desserts	Brownie	Raspberry Ripple Ice Cream	Banana Oat Bite*	Summer Berry & Peach Oaty Crumble* with Custard	Strawberry Ice Cream
Fruit	Banana Or Mandarin				
Drink	Water Bottle				

Primary Spring Autumn (a) 2020 FFL Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Tikka Masala <i>with Rice **</i> Succulent chicken in a mild curry sauce	Roast Chicken <i>with Roast Potatoes and Gravy</i> Moist roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers <i>and Chips</i> Crispy Fish Fingers and scrummy chips
Alternative Dish	Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Quorn Roast with Roast Potatoes and Gravy (V)	Chilli Macaroni (V) A lightly spiced Mac N Cheese	Soft Taco and Chips (V) A soft taco shell filled with a yummy veggie tomato chilli
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese Beans Tuna Mayo				
Vegetables	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desserts	Vanilla Ice Cream	Apple & Carrot Yoghurt Muffin *	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit To be offered with mandarin or banana
Fruit	Banana Or Mandarin				
Drink	Water Bottle				

Primary Autumn (a) 2020 Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Quorn Bolognese ** (V) Penne pasta in a yummy tomato and Quorn sauce	Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Roast Chicken <i>with Roast Potatoes and Gravy</i> Moist roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Golden Fish Fingers <i>and Chips</i> Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chinese Veggie Noodles Egg noodles with stir fried vegetables	Quorn Roast with Roast Potatoes and Gravy (V)	Mild Chickpea & Potato Curry with a Rice side ** (V) A tasty chick pea and potato masala	Beany Burger with Chips (V) A delicious homemade beany burger
Jacket Potato	Jacket Potato With A Choice Of Fillings Cheese Beans Tuna Mayo				
Vegetables	Sweetcorn	Peas	Peas	Sweetcorn	Baked Beans
Desserts	Vanilla Ice Cream	Peach Shortbread Pudding * with Custard	Flapjack To be offered with mandarin or banana	Chocolate Apricot Brownie	Raspberry Ripple Ice Cream
Fruit	Banana Or Mandarin				
Drink	Water Bottle				